



KRISTUS AMAN

CHAPEL OF KRISTUS AMAN
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CHURCH OF JESUS CARITAS
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Parish Priest / Administrator: REV. FR. MICHAEL CHUA

THEME: BE DISCIPLES OF HOPE

MASSES IN THE PARISH

Date	Time	Activity	Description
Mar 04 (Sat)	4.30 pm 5.30 pm	Rosary/Novena Mass	1 st SUNDAY OF LENT
Mar 05 (Sun) Gen.2:7-9,1-7 Rom.5:12-19 Mt.4:1-11	7.30am	Mass	
Mar 09 (Thu)	7.30 pm 8.00 pm	Mass Penitential Service	Penitential Service
Mar 10 (Fri)	7.00 pm	Mass/ Way of The Cross	
Mar 11 (Sat)	4.30 pm 5.30 pm	Rosary/Novena Mass	2 nd SUNDAY OF LENT
Mar 12 (Sun) Gen.12:1-4a 2Tim.1:8b-10 Mt.17:1-9	7.30 am	Mass	

PARISH ACTIVITIES

Mar 05 (Sun)	9.00 am 10.10 am	Chapel	Catechism Classes (Pre-sch to Yr 5) Catechism Classes (Yr 6 to Form 5)
	9.00 am 11.15 am	Chapel	BK Class (F5) BK Class (IGCSE & F4)
	8.00 pm	Grd Flr	CCR -Praise & Worship
Mar 07 (Tue)	8.30 pm	Chapel Flr	CCR -Intercessory Prayer
Mar 08 (Wed)	8.30 pm	Top Flr	RCIA: The Ten Commandments
Mar 09 (Thu)	6.30 pm	Chapel Flr	Legion of Mary

BEC GATHERING

BEC AREA	DATE/TIME	VENUE	CONTACT NO
Bec 5B	Wed, 8th Mar'17 @ 8.00pm	Villa Flora Condo. Games Room 152-2-5	Molly 012 2861397

KA COUNSELING CENTRE: 2nd Floor Main Wing of the Chapel (Mon-Tues - 7.30pm to 9.30pm) closed on public holidays and Catholic days of obligation Tel: 01133022665 for appointment

FAST AND ABSTINENCE

Ash Wednesday (1st March 2017) begins the Season of Lent. Every Friday (except when it falls within the Octave of Christmas or Easter or when it falls on a Solemnity) is a day of abstinence. Ash Wednesday and Good Friday are both days of fast and abstinence.

Fast binds all Catholics from the age of 18-59 years old. Those who are 60 years and above are not under an obligation to fast. The Church defines fasting as one full meal a day, and two smaller meals which if added together would not exceed the main meal in quantity. Such fasting is obligatory on Ash Wednesday and Good Friday. The fast is broken by eating between meals and by drinks which could be considered food (milk shakes, but not milk). Alcoholic beverages do not break the fast; however, they seem contrary to the spirit of doing penance.

Abstinence from meat binds all Catholics from the age of 14 and above. Meat is considered to be the flesh and organs of mammals and fowl. Moral theologians have traditionally considered this also to forbid soups or gravies made from them. Salt and freshwater species of fish, amphibians, reptiles and shellfish are permitted, as are animal-derived products such as gelatin, butter, cheese and eggs, which do not have any meat taste.

NEW PROVINCIAL SUPERIOR OF CDD FATHERS

We congratulate Fr Lucas Ng CDD on his election as the new Provincial Superior of the Congregation of Disciples of the Lord in Malaysia. May the Lord continue to bless and guide him in his new responsibilities.

NO WEEKDAY MASSES DURING LENT

During the season of Lent as Fr Michael & Fr. Lucas will be away to hear confessions in other parishes, there will be no weekday mass on Thursdays **except on Thurs 2nd March 2017 and Thurs 9th March.**

FRIDAY MASS AND WAY OF THE CROSS DURING LENT

There will be masses every Friday at 7 pm followed by Way of the Cross. (In JCC, Way of the Cross will begin at 8 pm followed by mass at 8.30 pm).

A LENTEN RECOLLECTION ON THE SEVEN LAST WORDS OF CHRIST

will be conducted by Simon Phillips, a Benedictine Oblate, to bring parishioners into a deeper meditation of Christ's passion and death as we enter Holy Week.

Day and Date : Saturday, 18 March, 2017
Donation : RM10 (two tea breaks and lunch)
Organized by : RCIA Ministry (open to the parish)
Registration : After Mass or contact Alison Wong (017-6076557)

MONTFORT OPEN HOUSE CARNIVAL - May 2017 COUPON SALE

Montfort Boys Town trainees will here to sell the carnival coupons on the 11th & 12th March 2017. By purchasing the coupons the catholic community will be helping the institute to raise funds for its operational cost. Please give them your support.

PENITENTIAL SERVICES - KUALA LUMPUR NORTH DISTRICT

9th Mar 2017 - Kristus Aman Chapel (7.30pm Mass followed by Penitential Service at 8pm)
15th Mar - St. Joseph, Sentul @ 8pm 21st Mar - Kristus Cahaya, Desa Jaya @ 8pm
22nd Mar - Good Shepherd, Setapak @ 8pm 28th Mar - Jesus Caritas, Kepong @ 8pm
30th Mar - St Jude, Rawang @ 8pm/ Risen Christ, Jln Ipoh @ 8pm
04th Apr - Christ the King, Selayang @ 8pm

ARCHDIOCESE EVENTS

THE BIBLE IN 40 WEEKS: Studying the Lectionary in an Ecclesial Dimension

The B40 journey is an offshoot of the Bible in 100 Weeks which several parishes have tried with some measure of success. It helps in forming motivated leaders. Imagine making a pilgrimage through the bible with other Catholics. For the first time, these sessions will take place in the Archdiocesan Pastoral Institute. Contact: Philo: 019 3511327; Robin: 012 3038932 or email klaba7788@gmail.com

Introductory Session: Tuesday, March 21, 2017 at API.

Time: 8.00pm Cost: RM 20.00; Text Books: RM21.00.

THANK YOU FOR YOUR LOVE OFFERING

25th & 26th Feb: RM 8000.00

There will be second collection for the outreach projects of PIHD inc. for the poor and the underprivileged